EMPOWER Tehama

Domestic Violence Response
& Rape Crisis Center



Empower Tehama's mission is to promote healthy relationships and social change in our community.

Breaking the cycle of violence that affects an entire community begins with empowering individuals to make choices that are healthy and safe for themselves and those around them. Empower Tehama provides education, intervention programs and responsive services designed to inspire personal transformation.

To learn more about our services and how you or someone you know might benefit, turn this card over.

24-Hour Crisis Hotline:
530-528-0226

www.empowertehama.org

Domestic Violence & Rape Crisis Response Services

Empower Tehama, formerly known as Alternatives to Violence, provides comprehensive support services for survivors of intimate partner violence and sexual assault. Services include a 24-hour crisis hotline, advocacy, safety planning, access to trauma-informed medical care, peer and individual counseling, support groups, legal advocacy, accompaniment, follow-up services, emergency shelter, case management, referrals, and community resource navigation.

Child Advocacy Center Services

The Child Advocacy Center (CAC) is a community resource providing trauma-informed care and supportive services for children and their families. Services include medical treatment, prosecution services, family advocacy, and evidence-based mental health supports. At the CAC, families have access to a coordinated system of care and a team of experts in medicine, law enforcement, victim advocacy, mental health, and other disciplines to ensure the best outcomes for children and families.

Perspectives/Intervention Services

Perspectives and intervention programs are designed to help individuals struggling with abusive behaviors discover tools for handling stress and addressing issues that affect their relationships. In its 52-week format, this program meets court guidelines as a Domestic Violence Intervention Program. Empower Tehama also offers **PROJECT RESTORE for Young Adults**. Through this program, young adults with a history in the criminal legal system can receive support to change the trajectory of their lives through intensive case management, individual therapy, and connections to both Empower Tehama services and those offered by community partners.

CSEC & Human Trafficking Response

Through collaboration with several community partners, Empower Tehama ensures that victims of sexual assault and human trafficking have access to local forensic physical examinations and receive support throughout the process. Empower Tehama staff includes trained Commercially Sexually Exploited Children (CSEC) Advocates and Sexual Assault Counselors.

Prevention & Education

Early intervention, paired with sharing knowledge and tools to develop healthy relationships, is the most effective way to prevent family violence in Tehama County. Empower Tehama's Prevention Program partners with local school districts and youth organizations to provide comprehensive prevention programming to youth, rooted in philosophies like healthy relationships, communication, and consent. Empower Tehama also hosts regular outreach and community awareness events throughout the year for people of all ages.